




DR. IBTEHAL MOHAMMAD ALKHAWALDEH
Associate Professor

 22/7/1984

 +962799530514

 dr.khawaldeh@mutah.edu.jo

 Karak - Jordan

PERSONAL SKILLS

- Hard Working
- Team Work
- MS Office
- Time management
- Office Management
- Problem Solving

LANGUAGES

ARABIC

ENGLISH

INTERESTS

- Research
- Self development
- Continuous learning
- Critical thinking

Education

- PhD degree in Philosophy of Physical Education from the University of Jordan, specializing in "Sports Training - Kinesiology - Sports for Persons with Disabilities" - with distinction, 2014
- Master's degree in Physical Education from the University of Jordan in 2009
- Bachelor's degree in Physical Education from Mutah University in 2002
- Diploma in Sports Training and Sports for the Disabled from the University of Leipzig in the Federal Republic of Germany, with distinction with honors in 2014

Experiences

- ❖ Associate Professor at the College of Sports Sciences - Department of Sports Training - Mutah University from 9/2020 until now.
- ❖ Federal referee in badminton.
- ❖ International referee in the game of goalball for the blind.
- ❖ Certified trainer in the German-Saxon Disabled Sports Association in wheelchair basketball.
- ❖ A teacher at the Jordanian Ministry of Education for 8 years 2015-2017

Knowledge

- Authored books:
- ❖ A book entitled Training People with Special Needs (2017).

➤ Research published in Arab scientific journals:

- ❖ The effect of the variable length on some kinematic variables associated with the accuracy of the crushing serve in volleyball.
- ❖ Administrative styles of the heads of Jordanian sports federations: applications of Likert's quadruple theory.
- ❖ Evaluation of the level of the physical education teacher preparation program: an applied study on students of the Faculty of Sports Sciences at Mutah University.
- ❖ The social relations of physical education teachers in Karak Governorate.
- ❖ The effect of some mechanical and temporal variables on the accuracy of the free throw in wheelchair basketball.
- ❖ The effect of some mechanical variables related to the accuracy of transmission in volleyball.
- ❖ The effect of muscle fatigue on some mechanical variables and their relationship to the accuracy of the header skill of soccer players.
- ❖ The extent to which some kinematic variables contribute to the accuracy of the short low serve in badminton.
- ❖ The extent to which some kinematic variables contribute to the accuracy of the long high serve of the badminton team players at Mutah University.
- ❖ Kinematic variables affecting the accuracy of the throw-in in the long-standing style of soccer players.
- ❖ Functional performance of physical education teachers: An applied study on physical education teachers in Karak Governorate.

➤ Research published in international scientific journals classified in the SCOPUS database

- ❖ Alkhaldeh, I. M. (2023). The Effect of Mental Fatigue on the Accuracy of the Direct Free Kick in Terms of Some Kinematic Variables for Football Players. *Asian Journal of Sports Medicine*, 14(2).
- ❖ Alkhaldeh, I. M. (2022). Impact of VO₂max on mechanical variables, lactic acid concentration and shooting accuracy of the 7-meter throw among handball players. *SPORT TK-Revista EuroAmericana de Ciencias del Deporte*, 20-20.
- ❖ Alkhaldeh, I. M., & Madanat, A. (2023). Psychological Stress Level among Football Referees in Light of Masses Absence due to the Covid-19 Pandemic. *Revista iberoamericana de psicología del ejercicio y el deporte*, 18(2), 146-149.
- ❖ Alkhaldeh, I. M., & Shihab, E. A. (2023). Effect of Plyometric Exercises Program on Kinetic Energy, Some Kinematic Variables, and Shooting Accuracy for Football Players under the Age of 17. *Revista iberoamericana de psicología del ejercicio y el deporte*, 18(2), 176-179.
- ❖ Alkhaldeh, I. M. (2022). The impact of reaching the anaerobic threshold on some kinematic variables related to the accuracy of shooting the penalty kick among footballers. *SPORT TK-Revista EuroAmericana de Ciencias del Deporte*, 18-18.

- ❖ Alkhalwaldeh, I. (2023). The Effect of the Quadriceps Muscle Fatigue After an ISOTONIC Contraction on Some Kinematic Variables and the Accuracy of Soccer Players' Performance of the Corner Kick. Sport and Tourism Central European Journal, 6(2), 47-58.
- ❖ Alkhalwaldeh, I. M., & Altarawneh, M. (2023) Difference in One-Repetition Maximum and Electromyography between the Dominant and Non-Dominant Arms and Their Relationship to Exercise Onset: An Experimental Study of the Biceps Brachii Muscle. Annals of Applied Sport Science, 0-0.

International scientific conferences

- The Fifth International Scientific Conference of the Khorfakkan Disability Club in cooperation with Al Qasimia University and the West Asian Sports Federation for the Disabled, Sharjah (2016)
- The Third International Conference on Sports Technologies organized by the National Observatory of Sport in the Republic of Tunisia, Tunisia (2017)
- The Third International Scientific Conference entitled Sport and Peace, organized by the Russian Ministry of Tourism and Sports, Moscow (2017).
- The Sixth Scientific Conference on Culture and Sports Sciences organized by the Ukrainian Ministry of Culture and Sports in cooperation with Barten University in Turkey, Lviv (2018).
- The Fourth International Scientific Conference entitled Sport and Peace, organized by the Russian Ministry of Tourism and Sports, Moscow (2018).
- International Scientific Conference on Physical Education Saint Petersburg University, Russia, (2019).

Academic Supervision

- An analytical study of some kinematic properties associated with the accuracy of serving and crushing hitting in badminton players (Master's thesis)
- The extent of the effect of some kinematic variables related to the shooting accuracy of Mutah University basketball players, according to the difference in the shooting location. (Master Thesis)
- The effect of functional classification of wheelchair basketball players on blood pressure values after physical activity. (Master Thesis)
- A comparative study between the effect of mental fatigue and muscle fatigue on the accuracy of the performance of the short low serve in terms of some kinematic variables for badminton players (PhD thesis under preparation in partnership with Beni Suef University - Egypt)

Administrative sites and committees

- Member of the Social Committee at the College of Sports Sciences, Mutah University.
- Member of the Sports Committee at the College of Sports Sciences, Mutah University.
- Member of the Public Relations Committee at the first scientific conference of the Faculty of Sports Sciences at Mutah University 2016.

- **Member of the Supreme Committee at the second scientific conference of the Faculty of Sports Sciences at Mutah University 2019**
- **Member of the Academic Schedule Committee at the College of Sports Sciences, Mutah University, 2018 until now**
- **Member of the Council of the College of Sports Sciences, Mutah University, from 2016 until now.**
- **Assistant Dean of the College of Sports Sciences for Practical Education Affairs from 2016 to 2018.**
- **Head of the Sports Training Department at the College of Sports Sciences at Mutah University 2018 until now.**
- **Member of the Total Quality Committee at the College of Sports Sciences for the year 2018-2019**
- **Member of the Study Plan Committee at the College of Sports Sciences, Mutah University, from 2018 until now.**
- **Member of discussion committees for many master's theses and doctoral dissertations and membership of scientific committees in many local and regional conferences.**

Community contributions

- **Letters of thanks from the Directorates of Education and schools in Karak Governorate for carrying out many awareness lectures for students in the field of sports.**
- **Letters of thanks from the directorates of education and schools in Karak governorate for contributing to the planning of sports stadiums.**
- **Thanks and appreciation from the special education centers for contributing to the work of sports games and physical activities for children with disabilities.**
- **Thanks from the Karak Cultural, Social and Sports Club for contributing to many volunteer activities in the club.**

Achievements

- **The Sports Training Program, as one of the programs of the College of Sports Sciences, obtained the Quality Assurance Certificate (Golden Level) from the Jordanian Higher Education Accreditation and Quality Assurance Commission in 2019.**
- **The researcher with the highest publication in international journals indexed in the SCOPUS databases at the level of humanities faculties for the year 2022, according to the data of the College of Scientific Research - Mutah University.**

Advantages

- **The good academic reputation, which culminated in a Ph.D. degree of 3.98 from the mother universities of the University of Jordan.**
- **The high ability to conduct specialized scientific research, as a large number of research papers have been published in a group of prestigious scientific journals in the Arab world and internationally.**
- **Leadership and academic capabilities, which is evidenced by my receiving administrative positions at the university since 2016 without interruption until now, and with a number of honorable deans.**

Reference

- ✓ **Available upon request**